

SUGGESTED SEQUENCE

Major: Health Science: Pre-Athletic Training Concentration

FALL OF YEAR ONE			SPRING OF YEAR ONE		
BIOL 110	General Biology – Liberal Studies. *	4	SPES 180	Medical Terminology – Liberal studies *	1
SPES 117	Pathway to Wellness – Liberal studies *	3	SPES 125	Pharmacology for Exercise and Health Profession	2
SPES 150	Foundations of SPES	3	SPES 175	Principles of Nutrition	3
ENGL 120	Introductory English Comp	3	LS	Liberal Studies	3
INTD 105	Wesleyan Experience	2	ENGL 121	Intermediate English Comp	3
INTD 115	Wesleyan Heritage	1	MATH120	College Algebra - *	3
	Total	6		Total	15

FALL OF YEAR TWO			SPRING OF YEAR TWO		
BIOL 221	Human A & P 1	3	BIOL 222	Human A & P 2	3
CHEM 123	Chemistry 1	4	SPES 148	First Aid and CPR	1
SPES 256	Care & Prevention of Athletic Injuries	3		Liberal Studies	6
PSYC 101	General Psychology – Liberal studies *	3	BSHS 210	Statistical Analysis	3
	Liberal studies	3		Elective	3
	Total	16		Total	16

FALL OF YEAR THREE			SPRING OF YEAR THREE		
PHYS 201	College Physics 1	3	SPES 356	Therapeutic Exercise for AHP	3
PSYC 385	Sports Psychology	3	SPES 376	Measurements & Assessment in SPES	3
SPES 357	Therapeutic Modalities for AHP	3	SPES 380	Physiology of Exercise	3
SPES 341	Intro. Motor Behavior	3		Liberal Studies	6
	Liberal Studies	3			
	Total	15		Total	15

FALL OF YEAR FOUR			SPRING OF YEAR FOUR		
SPES 345	Organization & Administration	3	SPES 470	SPES Senior Seminar	1
SPES 443	Kinesiology	3	SPES 440	Adv. Exercise Testing & Prescription	3
	Liberal Studies	5		Liberal Studies	5
SPES 359	Exercise Leadership	3	SPES 460	Internship	3-6
			SPES 456	Advanced Care & Prevention of Injuries	3
		Total			Total
		14			15

Total Hours = 120